

# Biomedical Imaging

## Magnetic Resonance Imaging

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# Background and History



- Measurement of Nuclear Spins
  - Widely used in physics/chemistry labs (Absorption)
  - First Medical applications in the 1980s (Wiggles)
  - Improvement over Decades with Computer Technology
- NMR = Nuclear Magnetic Resonance
  - But you can't say "Nuclear" to Patients!
  - Not about ionization
  - Not about bombs
- Marketable name: Magnetic Resonance Imaging

# Larmor Precession



- An object with magnetic moment  $\mu$  is placed in an external magnetic field  $\mathbf{B}$ . Torque  $\tau$  is applied on the object:

$$\tau = \mu \times \mathbf{B} \quad (1)$$

- Torque causes the object to rotate at a frequency proportional to the applied field, i.e., the Larmor frequency

$$\omega = \gamma B \quad (2)$$

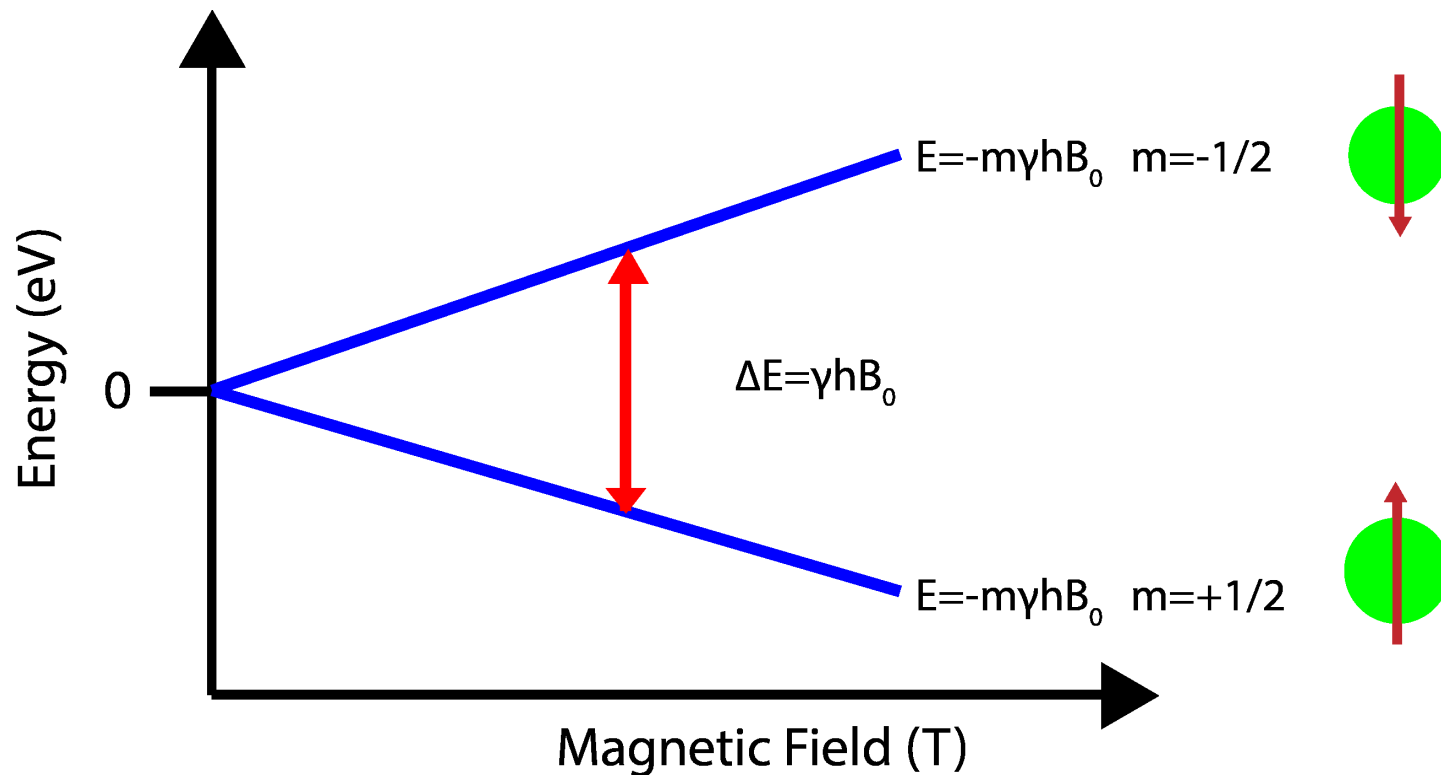
- $\gamma$  is the gyromagnetic ratio, which depends on the properties of the object

$$\gamma = \frac{|e|}{2m} g \quad (3)$$

# Zeeman Effect



- Spin-state energy levels "split" under an applied magnetic field



# Magnetization



- Convenient to talk about bulk material properties.
- Imagine a material with many objects "spinning" in random directions...
- Result of a external magnetic field is two-fold:
  - Torque causes precession at  $\omega = \gamma B$  around the B field.
  - Two spin states "appear"; spin up (+1/2) and spin down (-1/2). These are also aligned with the B field.
- The material now has a net magnetization  $\mathbf{M} = \sum_i m_i$ .

# Population Difference



- Spin states populated in a Boltzmann distribution. Most spins will align with B field (low energy state), but some will be anti-aligned!
- Fields in a few Teslas, Larmor frequencies in Tens of MHz.
- Photon Energies  $\approx 10^{-26}$  Joules  
(Below  $\mu\text{eV}$ )

$$N_{upper}/N_{lower} \approx e^{-hf/kT} = 10^{-5}$$

- but  $N \approx N_A / \text{cm}^3$

$$N_{upper} - N_{lower} \approx 10^{-18} / \text{cm}^3$$

# MRI Imaging



- "Excite" spins into the higher energy state.
  - Use RF pulses to "Flip"  $\mathbf{M}$
  - If half the spins flip  $\rightarrow \mathbf{M}$  rotates 90 degrees
  - If most of the spins flip  $\rightarrow \mathbf{M}$  rotates 180 degrees
- Let spins relax back to equilibrium.  $\mathbf{M}(\mathbf{x}, \mathbf{y}, \mathbf{z}, t)$  is 4D!
  - $M_z$ : Longitudinal relaxation
  - $M_x, M_y$ : Transverse relaxation
- Reconstruct image from collected signals.

# Bloch Equations



$$\frac{dM_{x'}}{dt} = (\omega_0 - \omega) M_{y'} - \frac{M_{x'}}{T_2}$$

$$\frac{dM_{y'}}{dt} = -(\omega_0 - \omega) M_{x'} - \frac{M_{y'}}{T_2} + 2\pi\gamma B_1 M_z$$

$$\frac{dM_z}{dt} = -\frac{M_z - M_{z0}}{T_1} - 2\pi\gamma B_1 M_y$$

Green Terms are Rotation “Error”

Red Term is Decay

$B_1$  is RF field parallel to  $\hat{x}$

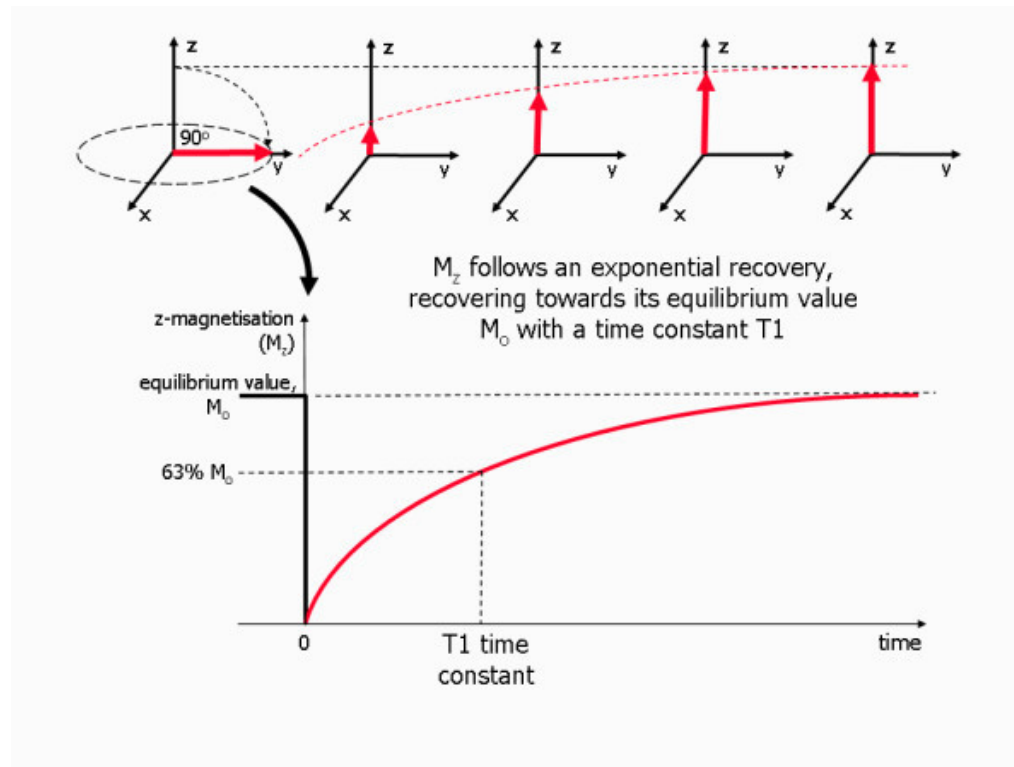
Blue Terms are Dephasing



# Longitudinal Relaxation - T1



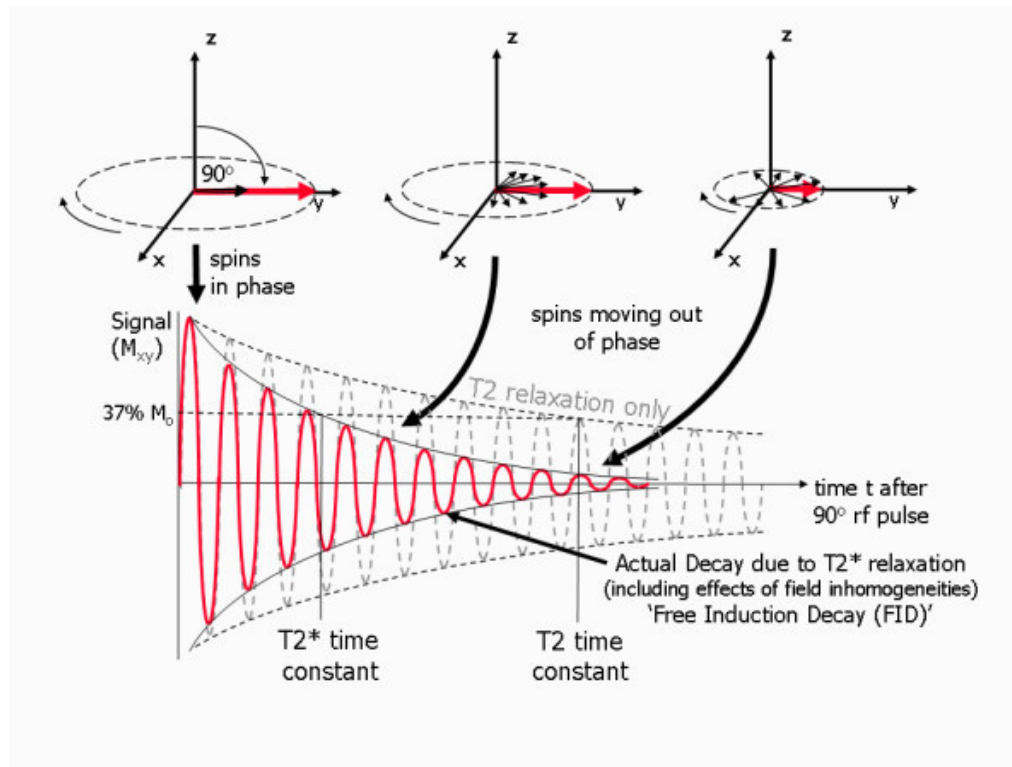
- AKA Spin-Lattice relaxation, applies to the z-component of  $M$ . Natural decay from spins flipping back to low energy state (thermal decay).



# Transverse Relaxation - T2



- AKA Spin-Spin relaxation, applies to the xy-components of  $M$ . Spins in phase create coherent  $M_{xy}$  vector (rotating at  $\omega$ ). Signal decays as spins de-phase. Local field inhomogeneities cause faster-than-expected decay  $\rightarrow T2^*$ .



# Decay Times



- T1 and T2 decay happen simultaneously. Put together:

$$S = k\rho \left(1 - e^{-T_R/T_1}\right) e^{-T_E/T_2}$$

- Rule:  $T_1 > T_2$ .

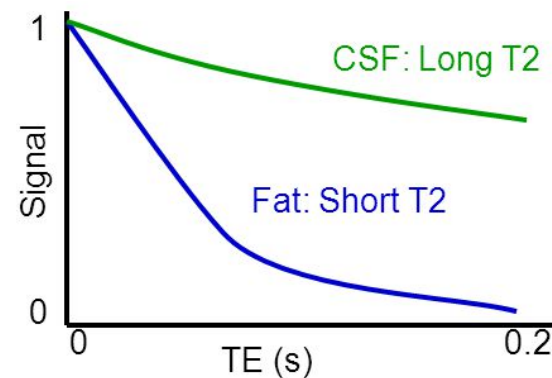
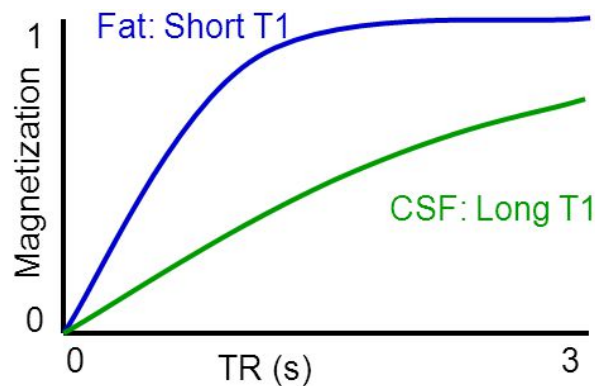
Parameter to Which Signal is Sensitive

	$T_R$ Long	$T_R$ Med	$T_R$ Short
$T_E$ Long	0	0	0
$T_E$ Med	$T_2$		0
$T_E$ Short	$\rho$	$T_1$	0

# Contrast



- Endogenous contrast comes from differences in bulk tissue properties:
  - Water, fat: Lots of  $^1H \rightarrow$  High signal (Most of body)
  - Bone: Not as much signal
- Tissues have varying T1 and T2. Compare Fat and CSF:



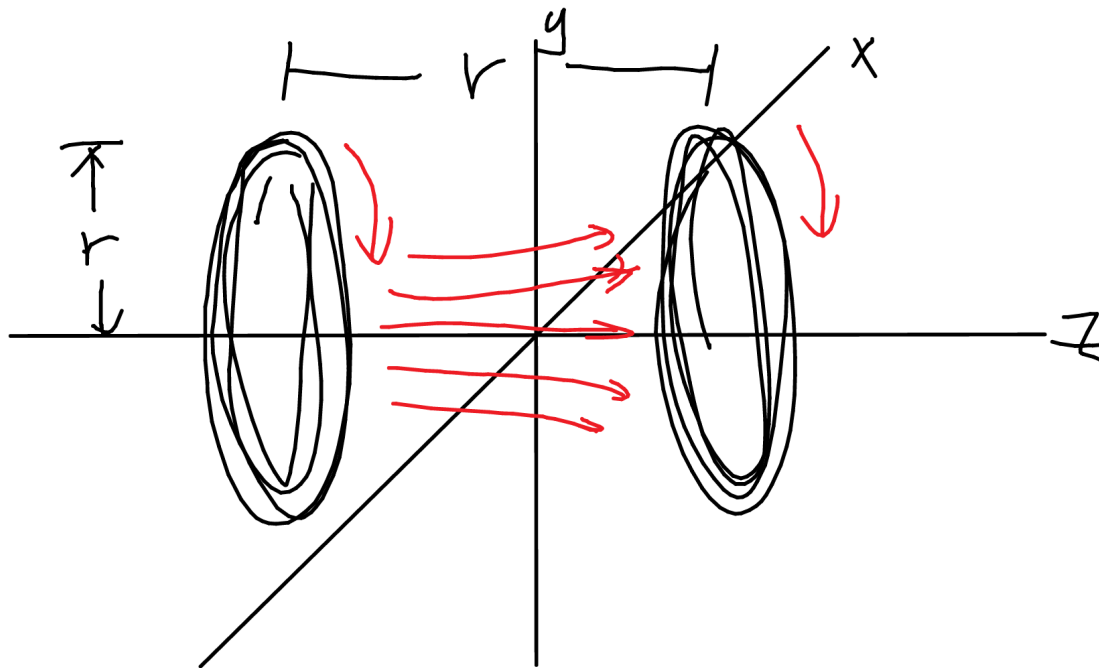
# Contrast Agents



- Exogenous contrast alters T1 and T2 to boost contrast
  
- Gadolinium
  - 
  -
  
- Iron Oxide Nanoparticles (Ferumoxytol)
  - 
  -

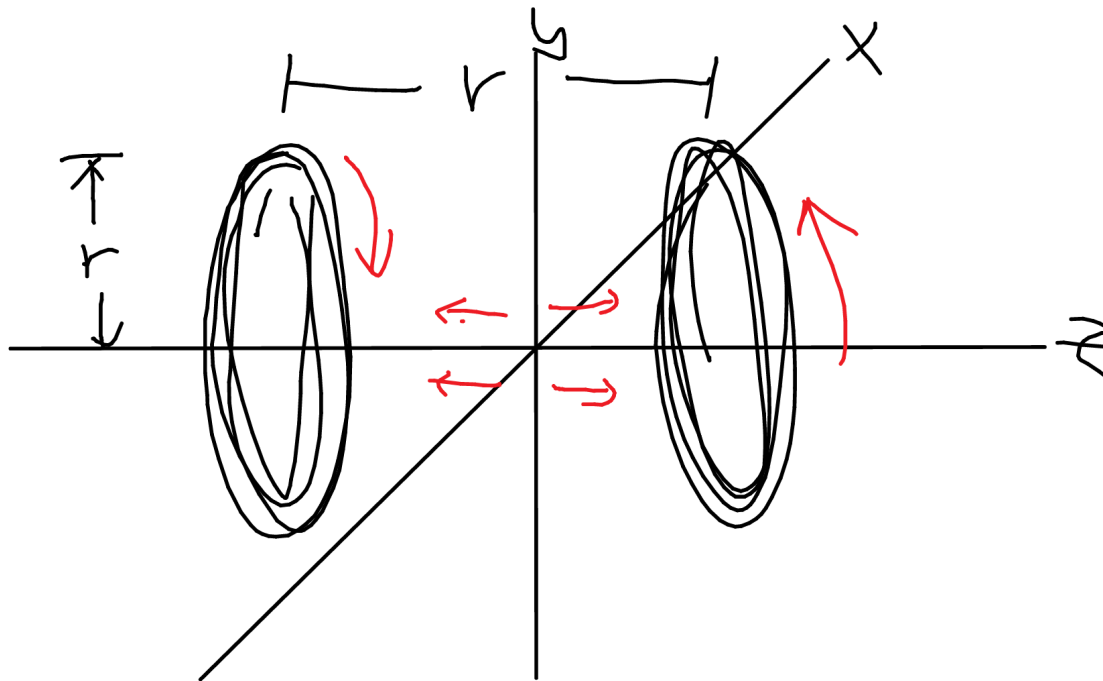
# Helmholtz Coils

Large, Uniform, DC Magnetic Field



# Anti-Helmholtz Coils

Moderate Field Gradient (More is Better)



# Big Fields: Big Problems



- Large Coils for Uniform Field
- High Current for High Field
- Superconductors
- Liquid Helium
- High Cost
- $B$  Field Hazards →
- $dB/dt$ : Loud Noise
- Start/Stop Challenges

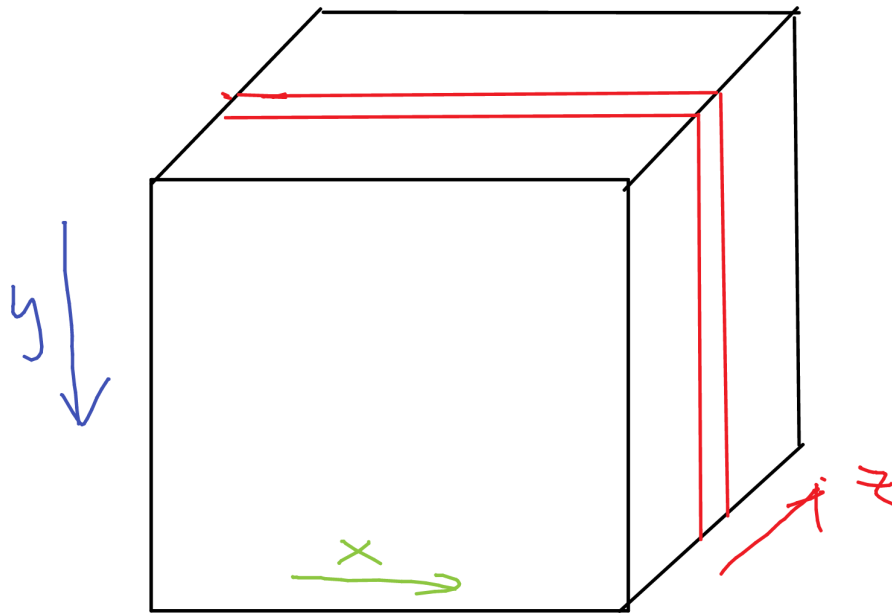




# Slice Selection

Excite with Narrow-Band RF Signal,  $B = B_0 + G_z z$

$$\omega = \gamma B_0 + \gamma G_z z$$



# Slice Selection

Match the Resonant Frequency

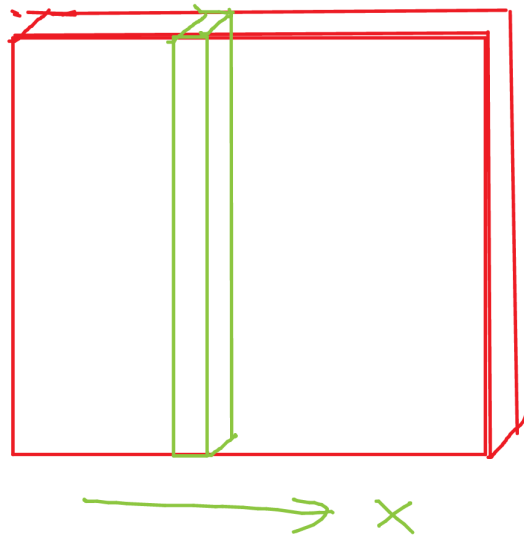


# Column Measurement



Sort Detected Signal by Frequency,  $B = B_0 + G_x x$

$$\omega = \gamma B_0 + \gamma G_x x$$

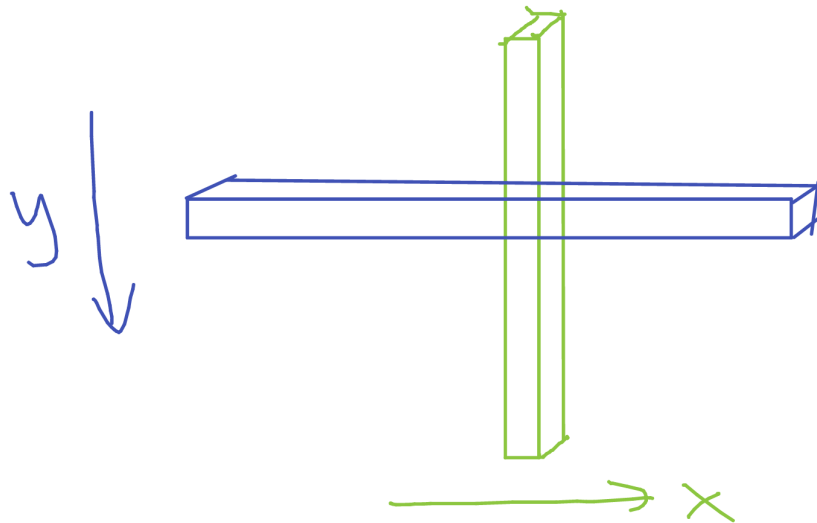


# Row Measurement



Sort Detected Signal by Phase,  $B = B_0 + G_y y$

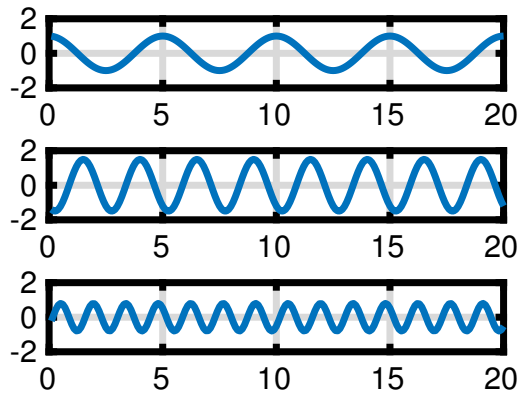
$$\omega = \gamma B_0 + \gamma G_y y$$



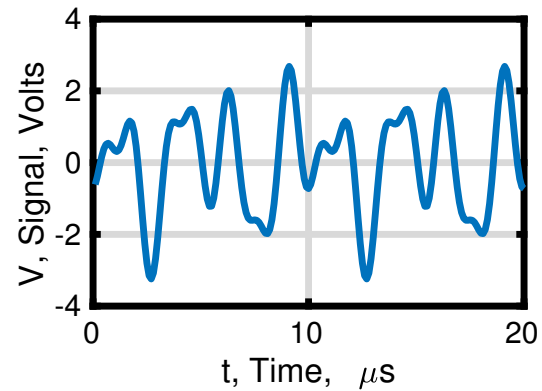
# Fourier Transforms



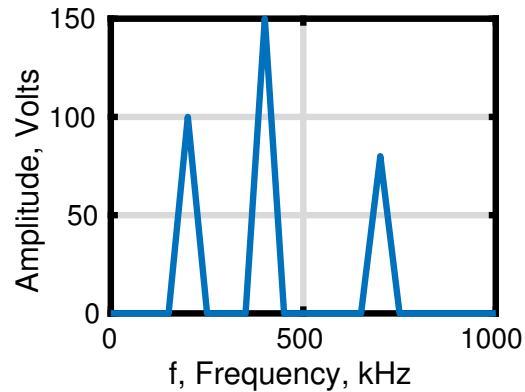
Signals vs. Time



Fourier Transform of Sum (Amplitude)



Sum Signal vs. Time



Fourier Transform of Sum (Phase)

